

# KATIE EHLMAN, PHD

DIRECTOR, CENTER FOR HEALTHY AGING AND WELLNESS

ASSISTANT PROFESSOR



## *Education*

- 2008 PhD, Health Related Sciences  
Gerontology Concentration  
*Virginia Commonwealth University,*  
Richmond, Virginia
- 2000 Master of Business Administration  
*Webster University; St. Louis, Missouri*
- 1996 Master of Social Work  
*St. Louis University; St. Louis, Missouri*
- 1992 Bachelor of Arts (History)  
*Quincy University, Quincy, Illinois*

## PERSONAL INFO:

- ◆ I am married with three kids ages 10, 7, and 2.
- ◆ The first love of my life was soccer.. and remains high on my list :)
- ◆ Things I enjoy: soccer with the family, campfires in the backyard, playing Phase 10, and free time.

## *Professional Experience*

- 2008-Present Director, Center for Healthy Aging and Wellness,  
Assistant Professor, University of Southern Indiana
- 2001–2008 Part-time Instructor, Adjunct, Project Coordinator, University of Southern Indiana
- 1997–2002 Cardinal Carberry Senior Living Center  
Administrator, Mother of Perpetual Help Assisted Living, St. Louis, MO  
Administrator, Our Lady of Life Apartments, St. Louis, MO
- 1995-1997 Alzheimer's Association, Education Coordinator, St. Louis, MO
- 1993–1995 Garden Villas South Retirement Community

## *Professional Certifications*

- 1999 - Present Missouri Nursing Home Administrator License (license #: 5237)
- 2005 - Present Certified Health Education Specialist (license #: 11054)

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## *Publications*

Ligon, M. B., **Ehlman, MC.**, Moriello, G. & Welleford, E. A. (2009). Oral History in the Classroom: Fostering Positive Attitudes toward Older Adults and the Aging Process. *Journal of Aging, Humanities and the Arts*. 3(1), 2009

**Ehlman, MC.**, Ligon, M. B., Moriello, G. & Welleford, E. A. Schuster, K. (2009). Assessing Differences in Student Attitude Towards Aging and Older Adults: A Comparison Between Traditional and On-Line Modalities in Gerontology Classes. Manuscript submitted for publication.

## *Grants*

Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes;  
awarded July 2008 by the Indiana State Department of Health;  
\$37,285 (funded)

Yoga...Yoganna Love It;  
awarded in November 2008 by the University of Southern Indiana,  
Major as Home; \$3200 (funded)

STELLAR;  
awarded in November 2008 by the University of Southern Indiana,  
Major as Home; \$1300 (funded)

Preservation Through the Generations;  
awarded in December 2008; by the Historic Southern Indiana,