

Don Granger, MD is associate professor of pediatrics, University of Kentucky and medical director of the Neonatal Intensive Care Unit at Kentucky Children's Hospital. Dr. Granger's major areas of interest include newborn development care and quality improvement processes.

Carol Boushey, PhD, MPH is associate professor and director, Coordinated Programs in Dietetics, in the Department of Foods and Nutrition at Purdue University. As a nutritional epidemiologist, Dr. Boushey conducts research to elucidate the relationship of diet and disease. Her active research agenda includes dietary assessment methods, adolescent dietary behaviors, school-based interventions, and quantitative methods with a focus on calcium, iron, folate, and total energy.

Nicera Bradburn, MD, executive regional director of Newborn Services for St. Vincent Health in Indianapolis, Indiana, as well as the director of the Pediatric Residency, is a board-certified neonatologist. The outcome of the late preterm infant is one of her areas of interest.

Jane Chappell, MSN, RN, manager of community services and business development at Deaconess Cross Pointe, has over 24 years of experience in the field of mental health and addictions.

C. Brennan Fitzpatrick, MD, MBA, a perinatologist with Tri-State Perinatology at the Women's Hospital, completed his residency in obstetrics and gynecology at the Indiana University School of Medicine. Dr. Fitzpatrick completed his maternal-fetal medicine fellowship and MBA at Duke University.

About the Speakers

P.E.P. Rally 2009

A Perinatal Conference

Folic Acid and Prematurity Prevention, WIC Update, Gestational Diabetes, Gestational Hypertension, and Update on Contraception

Wednesday, October 14, 2009
8 a.m.–4 p.m. (CDT)

and

Implications of Inductions and Elective C-Sections, MRSA in Mom and Baby, Depression and Bipolar Disorders, and Environmental Toxins

Thursday, October 15, 2009
8 a.m.–3 p.m. (CDT)

The Centre
Evansville, Indiana



Sponsored by
The Perinatal Education Partners
and
University of Southern Indiana
College of Nursing and Health Professions

Sonya Mauzey, RN, BSHS, CIC, infection control nurse for The Women's Hospital, oversees infection prevention and control program and activities, including surveillance, reporting, and education. Ms. Mauzey also serves as employee health nurse for employees of the hospital for vaccines, communicable infections, exposures, and other infection-control related issues involving employees. Additionally, Ms. Mauzey has been board-certified in Infection Control and Epidemiology for over 10 years and has served on various regional planning committees for bioterrorism and pandemic preparedness.

L. Ralph Rogers, MD, is an obstetrician and gynecologist with Women's Health Care, P.C. He received his medical degree from the University of Louisville School of Medicine and completed his residency from Baylor University in Houston, Texas. Dr. Rogers is board-certified in obstetrics and gynecology.

Diana Simpson, BSN, RN, nursing division director/WIC coordinator for the Vanderburgh County Health Department, is responsible for the daily activities of the WIC program, Public Health Outreach Services, and the Chronic Disease Program. Ms. Simpson has worked in pediatric settings since 1974 and was the WIC coordinator for Pike, Perry, Spencer, and Warrick counties for five years before joining the Vanderburgh County Health Department.

Julie St. Clair, MSN, RN is a nursing faculty member of the University of Southern Indiana College of Nursing and Health Professions with extensive experience in public health nursing and leadership. Ms. St. Clair serves as coordinator for the Southwestern Indiana Regional Perinatal Advisory Board, as a member of the local Fetal and Infant Mortality Review Team, and as co-chair for the State Perinatal Advisory Board.

Planning Committee

Autumne Baker
March of Dimes

Kim Butcher, BSN, RN
St. Mary's Hospital for Women and Children

Susan Bonhotal, MSN, RN
Southwestern Indiana Regional Perinatal Advisory Board

Beth Durham, BSN, RN
St. Mary's Medical Center

Peggy Grau, MSN, RN, CHTP
University of Southern Indiana

Donna Hight, RNC
The Women's Hospital

Kathy Lever, MSN, WHNP-C
University of Evansville

Debbie Schall
Mead Johnson Nutritionals

Gina Schar, MSN, RN
University of Southern Indiana

April Shoulders, RN
St. Mary's Hospital for Women and Children

Julie St. Clair, MSN, RN
University of Southern Indiana

Katie Thomas, MSN, RN
The Women's Hospital

Conference Registration Form – P.E.P. Rally 2009 – No. HPR 811



4 easy ways to register



- Mail completed form with check or money order payable to USI Extended Services, 8600 University Boulevard, Evansville, Indiana 47712
- Using VISA, MasterCard, or Discover, call Extended Services at 812/464-1989 or 800/467-8600
- Using VISA, MasterCard, or Discover, Fax to 812/465-7061
- Register online at health.usi.edu, or send an email to exserv@usi.edu

Name: First _____ Middle _____ Last _____

Title _____ Company _____

Home Address _____ City _____ State _____ Zip _____

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Telephone (Home) _____ (Work) _____ (Fax) _____ Email _____

Registering by September 30: \$60, Day 1 only \$60, Day 2 only \$110, Both Days \$10, Day 1, full-time student \$10, Day 2, full-time student
Registering after September 30: \$80, Day 1 only \$80, Day 2 only \$130, Both Days \$20, Day 1, full-time student \$20, Day 2, full-time student

Do you have any special requirements of which we should be aware? _____

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Continuing Education
College of Nursing and Health Professions
8600 University Boulevard
Evansville, Indiana 47712

P.E.P. Rally 2009: A Perinatal Conference

Day 1

Folic Acid and Prematurity Prevention, WIC Update, Gestational Hypertension, Gestational Diabetes, Contraception

Wednesday, October 14
8 a.m.–4 p.m.

Participant objectives:

After attending this conference, the participant will be able to:

- Identify fetal and infant mortality statistics, causes/risk factors related to fetal and infant deaths, and community level initiatives to decrease fetal and infant mortality
- Discuss the reduction of incidence of prematurity articulate methods for women to include enough folic acid sources to meet dietary recommendations to achieve an average daily intake of 400 mcg folic acid
- Identify the importance of monitoring the observed changes in folate intake, folate status, and birth outcomes related to folic acid
- List services that WIC provides
- Discuss the epidemiology and pathophysiology of diabetes and hypertensive disorders in pregnancy
- Discuss clinical management of diabetes and hypertensive disorders in pregnancy
- Describe updates in contraception

Program Schedule

8–8:30 a.m.	Fetal & Infant Mortality Review (FIMR) and Southwestern Indiana Regional Perinatal Advisory Board (RPAB) Update Julie St. Clair, MSN, RN College of Nursing and Health Professions University of Southern Indiana
8:30–10 a.m.	Folic Acid Today – Healthy Baby Tomorrow Carol Boushey, PhD, MPH Associate Professor Department of Foods and Nutrition Purdue University
10–10:15 a.m.	Break
10:15–11:30 a.m.	WIC: Building a Healthy Community Diana Simpson, BSN, RN WIC Coordinator and Nursing Division Director Vanderburgh County Health Department
11:30 a.m.–12:30 p.m.	Lunch
12:30–1:30 p.m.	Diabetes in Pregnancy C. Brenan Fitzpatrick, MD, MBA Tri-State Perinatology The Women's Hospital
1:30–1:45 p.m.	Break
1:45–2:45 p.m.	Hypertension in Pregnancy C. Brenan Fitzpatrick, MD, MBA Tri-State Perinatology The Women's Hospital
2:45–3:45 p.m.	Contraception Update Ralph Rogers, MD Obstetrician and Gynecologist Women's Health Care, P.C.
3:45–4 p.m.	Closing and Evaluation

Day 2

Inductions and Elective C-Sections, Methicillin-resistant Staphylococcus Aureus (MRSA), Mental Health Issues in Pregnancy, Effects of Environmental Toxins on Mother and Baby

Thursday, October 15
8 a.m.–3:30 p.m.

Participant objectives:

After attending this conference, the participant will be able to:

- Define late preterm birth
- Discuss the frequency of late preterm birth in the United States
- List at least two outcomes for the infant surrounding elective delivery prior to 39 weeks gestation
- Describe common characteristics of MRSA infections
- Describe measures to manage and prevent the spread of MRSA infections
- Identify signs and symptoms of postpartum depression
- Identify treatment strategies for postpartum depression
- Discuss environmental toxin exposure in pregnancy
- Identify major classes of environmental toxins
- Discuss impacts of environmental toxins on fetal development and outcomes

Program Schedule

8–9 a.m.	Neonatal Implications of the Elective Late Preterm Delivery Niceta Bradburn, MD Executive Regional Director of Newborn Services St. Vincent Health Indianapolis, Indiana
9–9:15 a.m.	Break
9:15–10:15 a.m.	Neonatal Implications of the Elective Late Preterm Delivery Niceta Bradburn, MD Executive Regional Director of Newborn Services St. Vincent Health Indianapolis, Indiana
10:15–10:30 a.m.	Break
10:30–11:30 a.m.	MRSA in the Obstetrical Setting Sonya Mauzey, RN, BSHS, CIC Infection Control Nurse The Women's Hospital
11:30 a.m.–12:30 p.m.	Lunch
12:30–1:30 p.m.	Postpartum Depression: an Overview Jane Chappell, MSN, RN Manager of Community Services and Business Development Deaconess Cross Pointe
1:30–1:45 p.m.	Break
1:45–2:45 p.m.	Intrauterine Exposure to Environmental Toxins: Society in Denial Don Granger, MD Associate Professor of Pediatrics University of Kentucky Medical Director Neonatal Intensive Care Unit Kentucky Children's Hospital
2:45–3 p.m.	Closing and Evaluation

Conference Description

This two-day conference will address issues that impact the health of pregnant women and babies. The first day, Wednesday, will focus on folic acid and prematurity prevention, WIC update, gestational diabetes, gestational hypertension, and an update on contraception. The second day will include sessions on implications of inductions and elective c-sections, MRSA, mental health issues in pregnancy, and effects of environmental toxins on pregnancy and in the newborn.

Who Should Attend

This conference is designed for nurses, nurse midwives, nurse practitioners, childbirth educators, lactation consultants, social workers, psychologists, and students interested in perinatal care.

Registration Information

Dates & Times: Wednesday and Thursday
October 14 and 15, 2009

Registration: 7:30–8 a.m. each day

Location: The Centre in downtown
Evansville, Indiana

Registration Fee: \$110 for both days; \$60 for one day only; \$10 per day for full-time students if registering by September 30. Thereafter, \$130 for both days; \$80 for one day only; \$20 per day for full-time students. (Includes materials, contact hours, lunch, and breaks.)

Refund Policy: Registration fees are refundable, less a \$15 service charge, until October 13, 2009. No refunds will be made after that date.

Continuing Education Credits

Nurses and social workers will receive up to 6.5 contact hours on day one and 5.25 contact hours on day two with submission of documentation of sessions attended and completed program evaluation.



University of Southern Indiana College of Nursing and Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

University of Southern Indiana is an approved provider of continuing education for social workers, marriage and family therapists, psychologists, and other professionals licensed in the state of Indiana. Social workers in other states should check for approval on a program-by-program basis.

Perinatal Education Partners is an organization formed by the education committees of the March of Dimes, The Regional Perinatal Advisory Board, and the Tri-State Perinatal Association. Our goal is to offer education to professional providers in the tri-state area that will improve the quality of perinatal care and decrease infant morbidity and mortality.